

Maine Diabetes Prevention and Control Program
Diabetes Self-Management Education and Support (DSMES) Site Directory
December 2025

DSMES Service Organization	Primary/Main Site	Quality Coordinator	Satellite Sites	Diabetes Educators
Bridgton Hospital Diabetes Clinic	Bridgton Hospital Diabetes Clinic	Elaine Drew, RN, BSN, CDCES 207-647-6060 drewel@cmhc.org	N/A	Kara Kilmartin, RDN, LD, CDCES 207-647-6062 kilmarka@cmhc.org Elaine Drew, RN, BSN, CDCES 207-647-6060 drewel@cmhc.org
Eastport Health Care Diabetes and Prevention Program	Eastport Health Care-Eastport	Marica Kyle, RD, LD, CDCES, FAND 207-853-6001 mkyle@eastporthealth.org	Eastport Health Care Machias 160 Dublin Street Machias, ME 04654	Marcia Kyle, RD, LD CDCES, FAND 207-853-6001 mkyle@eastporthealth.org Christine Parks, MA, Diabetes CHW 207-853-6001 cparks@eastporthealth.org
Houlton Regional Hospital	Houlton Regional Hospital 20 Hartford Street Houlton, ME 04730	Karla Anderson, RN 207-521-2516 kanderson@hrhospital.org	N/A	Karla Anderson, RN 207-521-2516 kanderson@hrhospital.org Heleana Nickerson 207-521-2273 hnickerson@hrhospital.org



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Maine General	Maine General Ballard Center 6 East Chestnut St. Suite LL110 Augusta, ME 04330	Angela Moore, RN, CDCES 207-621-9320 angela.moore@mainegeneral.org	N/A	Angela Moore, RN, CDCES 207-621-9320 angela.moore@mainegeneral.org Tammy Ricker, RD, CDCES 207-621-9230 tammy.ricker@mainegeneral.org



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MaineHealth Endocrinology and Diabetes	MaineHealth Endocrinology and Diabetes 175 US Route 1 Scarborough, ME 04074	Candie Sprague, RN, BSN, CDCES 207-396-7700 candie.sprague@mainehealth.org Julie Barnes, RD, LD, CDCES 207-396-7700 julie.barnes@mainehealth.org	Maternal Fetal Medicine 887 Congress Street Portland, ME 04102	Candie Sprague, RN, BSN, CDCES 207-396-7700 candie.sprague@mainehealth.org Julie Barnes, RD, LD, CDCES 207-396-7700 julie.barnes@mainehealth.org Kerri Frazier, RN, BSN, CDCES 207-396-4400 kerri.frazier@mainehealth.org Kristen Grimes, RD, LD, CDCES 207-396-7700 kristen.grimes@mainehealth.org Christina Mastriano, RD, LD, CDCES 207-396-7700 christina.mastriano@mainehealth.org Roxana (Mihaela) Lench, RN, BSN 207-396-7700 roxana.lench@mainehealth.org



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MaineHealth Pediatric Specialty Care Endocrinology and Diabetes	MaineHealth Pediatric Specialty Care Endocrinology and Diabetes 887 Congress Street Suite 100 Portland, ME 04102	Maryann Kinney, RN, BSN, CDCES 207-662-5522 x4 maryann.kinney@mainehealth.org	MaineHealth Pediatric Specialty Care 46 D First Park Drive Oakland, ME 04963	Maryann Kinney, RN, BSN, CDCES 207-662-5522 x4 maryann.kinney@mainehealth.org Jenessa Feeney, RN, BSN, CDCES 207-662-5522 x4 jenessa.feeney@mainehealth.org Michaela Cook, RN, BSN, CDCES 207-662-5522 x4 michaela.cook@mainehealth.org Elizabeth Blades, FNP, CDCES 207-662-5522 x4 elizabeth.blades@mainehealth.org



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MaineHealth Lincoln Hospital (Lincoln Health Diabetes and Nutrition Program)	MaineHealth Lincoln Hospital 79 Schooner St. Damariscotta, ME 04543	Amanda Millay, RN, CFCS 207-563-4442 amanda.millay@mainehealth.org	MaineHealth St. Andrews Campus 6 St. Andrews Lane Boothbay Harbor, ME 04538	Amanda Millay, RN, CFCS 207-563-4442 amanda.millay@mainehealth.org Marilyn Finch, RN, MS, CDCES 207-563-4442 marilyn.finch@mainehealth.org Emily Adams, RD, LD, CLC 207-563-4559 emily.adams@mainehealth.org Audrey Cooper, RD, LD 207-563-4559 audrey.cooper@mainehealth.org Ann Boe, RD, LD 207-563-4559 ann.boe@mainehealth.org
MaineHealth Pen Bay Hospital	MaineHealth Diabetes Care Rockport 4 Glen Cove Drive Suite 107 Rockport, ME 04856	Brooke L. Reed, MS RD, LD 207-505-4383 brooke.reed@mainehealth.org	MaineHealth Diabetes Care Belfast 119 Northport Ave. Second Floor Belfast, ME 04915 207-505-4369	Brooke L. Reed, MS RD, LD 207-505-4383 brooke.reed@mainehealth.org Tanya Davin, RN 207-505-4369 tanya.davin@mainehealth.org Laurie Chapman, RN, CDCES 207-301-5588 laurie.chapman@mainehealth.org



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Diabetes Self-Management Education Program, Millinocket Regional Hospital	Diabetes Education Millinocket Regional Hospital 200 Somerset St. Millinocket, ME 04462	Cheryl Carrell, RN 207-723-3393 ccarrell@mrhme.org Shelly Drew RN sdrew@mrhme.org	N/A	Cheryl Carrell, RN 207-723-3393 ccarrell@mrhme.org
Mount Desert Island Hospital	Mount Desert Island Hospital Diabetes Services 10 Wayman Lane P. O. Box 8 Bar Harbor, ME 04609	Sherri Hall, RN, CDCES 207-801-5043 sherri.hall@mdihospital.org	Community Health Center 16 Community Lane Southwest Harbor, ME 04679	Sherri Hall, RN, CDCES 207-801-5043 sherri.hall@mdihospital.org Sherry Rogers, RN, BSN 207-288-5082 ext 8234 sherry.rogers@mdihospital.org Marion McClellan, RD, LD 207-288-5082 ext 1231 marion.mcclellan@mdihospital.org Tara West, RN 207-288-5082 ext 8234 tara.west@mdihospital.org



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Northern Light Eastern Maine Medical Center	Northern Light Diabetes and Endocrinology 905 Union St. Suite 11 Bangor, ME 04401	Angela Strandell, RN 207-973-7334 astrandell@northernlight.org	N/A	Lauri Jacobs, MS, RD, CDE 207-973-7334 ljacobs@northernlight.org Mikiko Marzilli, RD, CDE 207-973-7334 mmarzilli@northernlight.org
Northern Light Blue Hill Hospital, Diabetes and Nutrition	Northern Light Blue Hill Diabetes and Nutrition Clinic 65 Water St. Blue Hill, ME 04614	Angela Harrison, BSN, RN-BC, CDCES 207-374-3443 aharrison@northernlight.com	N/A	Angela Harrison, BSN, RN-BC, CDCES 207-374-3443 aharrison@northernlight.com Martha H. Cole, MS, RDN, LD 207-374-3496 martha.cole@northernlight.org



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Northern Light Mercy Endocrinology and Diabetes Care Mattina R. Proctor Diabetes Center at Mercy Hospital	Endocrinology and Diabetes Care 195 Fore River Parkway Suite 300 Portland, ME 04101	Hillary Legere, MS, RD, LD, CDCES 207-400-8500 hlegere@northernlight.org	Northern Light Mercy Primary Care, Falmouth 75 Ray Rd. Falmouth ME 04105 Northern Light Mercy Primary Care, Gorham 19 South Gorham Crossing Gorham, ME 04038 Northern Light Mercy Primary Care, Windham 409 Roosevelt Trail Windham, ME 04062 Northern Light Mercy Primary Care, Yarmouth 385 Route 1 Yarmouth, ME, 04096	Hillary Legere, MS, RD, LD, CDCES 207-400-8500 hlegere@northernlight.org Kathryn Gosselin, RDN, CDCES 207-400-8500 kgosselin@northernlight.org Mary C. Sanders, FNP-C, BC-ADM, CDCES 207-400-8500 masanders@northernlight.org



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Northern Maine Medical Center	Northern Maine Medical Center 194 East Main Street Fort Kent, ME 04743	Stacy Raymond, RN, BSN 207-834-1946 stacy.raymond@nmmc.org	Acadia Health Center 460 Main St Madawaska ME 04756 Medical Office Bldg 197 East Main St Fort Kent ME 04743 Fort Kent Family Practice 194 East Main St Fort Kent ME 04743	Stacy Raymond, RN, BSN 207-834-1946 stacy.raymond@nmmc.org Linda Russell, RN 207-834-1964 linda.russell@nmmc.org Anna Cannan, RD 207-834-1569 anna.cannan@nmmc.org



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Redington Fairview General Hospital	Redington Fairview Diabetes Self-Management Training Program Redington Fairview General Hospital 46 Fairview Ave. Suite 335 Skowhegan, ME 04976	Nancy Thomas, RN, BSN, CDCES 207-858-2261 nthomas@rfgh.net	N/A	Nancy Thomas, RN, BSN, CDCES 207-858-2261 nthomas@rfgh.net Adrianna Sinclair, RN 207-848-2247 asinclair2@rfgh.net Patricia Sprengel, RD, LD 207-858-2243 psprengel@rfgh.net Mallie Miller 207-858-2257 mmiller2@rfgh.net
Spruce Mountain Pharmacy	Spruce Mountain Pharmacy 148 Main St. Jay, ME 04239	Julia Haseltine, PharmD, FSVHP, DICVP 207-897-9080 juliaannis@sprucemtrx.com	N/A	Julia Haseltine, PharmD, FSVHP, DICVP 207-897-9080 juliaannis@sprucemtrx.com



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Stephens Memorial Hospital Diabetes Self-Management Education Program	Stephens Memorial Hospital 181 Main Street Norway, ME 04268	Henry Raymond, RN, CDCES 207-744-6057 henry.raymond@mainehealth.org	N/A	Henry Raymond, RN, CDCES 207-744-6057 henry.raymond@mainehealth.org Karen Swan, RN, CDCES 207-744-6057 karen.swan@mainehealth.org

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