

Janet T. Mills  
Governor



Maine Department of Health and Human Services  
Maine Center for Disease Control and Prevention  
11 State House Station  
286 Water Street  
Augusta, Maine 04333-0011  
Tel; (207) 287-8016; Fax (207) 287-9058  
TTY: Dial 711 (Maine Relay)

Jeanne M. Lambrew,  
Ph.D.

**Maine Diabetes Prevention and Control Program  
Diabetes Self-Management Education and Support (DSMES) Site Directory  
September 2022**

<b>BRIDGTON HOSPITAL, BRIDGTON</b>			
Satellite site	None		
Quality Coordinator	Elaine Drew RN BSN CDCES CFCN 10 Hospital Drive Bridgton, ME 04009	647-6060	<a href="mailto:drewel@cmhc.org">drewel@cmhc.org</a>
Educators	Elaine Drew RN BSN CDCES CFCN Linda Russell MA RD LD CDCES	647-6060 647-6062	<a href="mailto:drewel@cmhc.org">drewel@cmhc.org</a> <a href="mailto:russelll@cmhc.org">russelll@cmhc.org</a>
Phys. Adv.	Edward Enos FNP	647-6119	<a href="mailto:EnosEdwa@cmhc.org">EnosEdwa@cmhc.org</a>

<b>CARY MEDICAL CENTER, CARIBOU 74 Access Way, Caribou 04736</b>			
Satellite site	Saint John Valley Health Center, 4 Main Street, Van Buren 04785		
Quality Coordinator	Kathy Burden RN CDCES 163 Van Buren Rd. Suite 1 Caribou, ME 04736	498-1283	<a href="mailto:klburden@carymed.org">klburden@carymed.org</a>
Educators	Kathy Burden RN CDCES Marthe Pelletier MS RD LD CDCES Erica Ouelette RN BSN CDCES Karen Ouellette RN BSN	498-1283 498-1211 498-1283 498-1283	<a href="mailto:klburden@carymed.org">klburden@carymed.org</a> <a href="mailto:mpelletier@carymed.org">mpelletier@carymed.org</a> <a href="mailto:eoulette@carymed.org">eoulette@carymed.org</a> <a href="mailto:koulette@carymed.org">koulette@carymed.org</a>
Phys. Adv.	Carl Flynn MD 74 Access Way, Caribou	498-2356	<a href="mailto:drflynn@pineshealth.org">drflynn@pineshealth.org</a>

<b>EASTPORT HEALTH CARE, INC., EASTPORT</b>			
Satellite sites	Eastport Health Care Machias, 53 Fremont St., Machias 04654 Calais Regional Hospital, 24 Hospital Lane, Calais 04619		
Quality Coordinator	Deborah Pottle RN CDCES 30 Boynton St. P.O. Box H Eastport, ME 04631	853-0136	<a href="mailto:dpottle@eastporthealth.org">dpottle@eastporthealth.org</a>
Educators	Deborah Pottle RN CDCES Mona Van Wart RD	853-0136 454-3906	<a href="mailto:dpottle@eastporthealth.org">dpottle@eastporthealth.org</a> <a href="mailto:mona@calaishospital.org">mona@calaishospital.org</a>
Phys. Adv.	Laurie Churchill MD	853-6001	<a href="mailto:lchurchill@eastporthealth.org">lchurchill@eastporthealth.org</a>

<b>HOULTON REGIONAL HOSPITAL, HOULTON</b>			
Satellite site	None		
Quality Coordinator	Karla Anderson RN 20 Hartford St. Houlton, ME 04730	521- 2516	<a href="mailto:kanderson@hrhospital.org">kanderson@hrhospital.org</a>
Educators	Heleana Nickerson MS RD LD CDCES	532-2900	<a href="mailto:hnickerson@houltonregional.org">hnickerson@houltonregional.org</a>
Phys. Adv.	Brian Griffin MD	532-2900	<a href="mailto:bgriffin@houltonregional.org">bgriffin@houltonregional.org</a>

<b>MAINEGENERAL MEDICAL CENTER, AUGUSTA</b>			
Satellite site	None		
Quality Coordinator	Angela Moore RN CDCES 6 East Chestnut St. Augusta, ME 04330	621-9320	<a href="mailto:angela.moore@mainegeneral.org">angela.moore@mainegeneral.org</a>
Educators	Venus Gilley MS RD LD CDCES	621-9320	<a href="mailto:venus.gilley@mainegeneral.org">venus.gilley@mainegeneral.org</a>
	Angela Moore RN CDCES	621-9320	<a href="mailto:angela.moore@mainegeneral.org">angela.moore@mainegeneral.org</a>
	Elizabeth Gallagher RD CDCES	626-1960	<a href="mailto:elizabeth.gallagher@mainegeneral.org">elizabeth.gallagher@mainegeneral.org</a>
Phys. Adv.	Tamra Knapp RD	626-1078	<a href="mailto:tamra.knapp@mainegeneral.org">tamra.knapp@mainegeneral.org</a>
	Benjamin Brown MD 35 Medical Parkway, Augusta	626-1238	<a href="mailto:benjamin.brown@mainegeneral.org">benjamin.brown@mainegeneral.org</a>

<b>MAINEHEALTH MAINE MEDICAL PARTNERS Endocrinology and Diabetes, 175 US Route 1, Scarborough 04074</b>			
Satellite sites	MaineHealth Endocrinology and Diabetes Center Lewiston, 963 Sabattus St. 04240 Maternal Fetal Medicine, 887 Congress St., Portland 04102		
Quality Coordinator	Candie Sprague, RN, CDCES	396-7720	<a href="mailto:Candie.Sprague@MaineHealth.org">Candie.Sprague@MaineHealth.org</a>
Educators	Doris Meehan APRN, ACNS-BC, CDCES 175 U. S. Route 1 Scarborough, ME 04074	396-7700	<a href="mailto:Doris.Meehan@MaineHealth.org">Doris.Meehan@MaineHealth.org</a>
	Julie Barnes RD CDCES	396-7700	<a href="mailto:Julie.Barnes@MaineHealth.org">Julie.Barnes@MaineHealth.org</a>
	Doris Meehan, APRN, ACNS-BC, CDCES	396-7700	<a href="mailto:Doris.Meehan@MaineHealth.org">Doris.Meehan@MaineHealth.org</a>
	Kerri Frazier RN CDCES	396-7700	<a href="mailto:Kerri.Frazier@MaineHealth.org">Kerri.Frazier@MaineHealth.org</a>
	Christina Mastriano, RD, CDCES	396-7700	<a href="mailto:Christina.Mastriano@MaineHealth.org">Christina.Mastriano@MaineHealth.org</a>
	Kristin Grimes RD	396-7700	<a href="mailto:Kristin.Grimes@MaineHealth.org">Kristin.Grimes@MaineHealth.org</a>
	Candie Sprague RN	396-7700	<a href="mailto:Candie.Sprague@MaineHealth.org">Candie.Sprague@MaineHealth.org</a>
	Rachel Tromblee, RN	396-7700	<a href="mailto:Rachel.Tromblee@MaineHealth.org">Rachel.Tromblee@MaineHealth.org</a>
Phys. Adv.	Rahfa Zerikly MD	396-7700	<a href="mailto:rg">rg</a>

<b>MAINEHEALTH LINCOLNHEALTH, DAMARISCOTTA Diabetes &amp; Nutrition Program</b>			
Satellite site	None		
Quality Coordinator	Marilyn Finch RN MSN CDCES 35 Miles Street Damariscotta, ME 04543	563-4442	<a href="mailto:marilyn.finch@mainehealth.org">marilyn.finch@mainehealth.org</a>
Educators	Ann Boe RD LD	563-4442	<a href="mailto:ann.boe@mainehealth.org">ann.boe@mainehealth.org</a>
	Elisabeth Cardali RD LD	563-4442	<a href="mailto:elisabeth.cardali@mainehealth.org">elisabeth.cardali@mainehealth.org</a>
	Laurie Chapman RN	563-4442	<a href="mailto:laurie.chapman@mainehealth.org">laurie.chapman@mainehealth.org</a>
Phys. Adv.	Michael Romac, MD 49 Hooper St, Wiscasset 04578	882-7911	<a href="mailto:michael.romac@mainehealth.org">michael.romac@mainehealth.org</a>

<b>MAINEHEALTH PEN BAY MEDICAL CENTER</b>			
<b>Diabetes &amp; Nutrition Care Center, 4 Glen Cove Drive, S-107, Rockport, ME 04986</b>			
Satellite site	Diabetes and Nutrition Services 119 Northport Ave., Belfast, ME 04915		
Quality Coordinator	Cathy Ahearn	301-5588	<a href="mailto:cathy.athearn@mainehealth.org">cathy.athearn@mainehealth.org</a>
Educators	Leslie Silvia, RN	301-5588	<a href="mailto:Leslie.sylvia@mainehealth.org">Leslie.sylvia@mainehealth.org</a>
	Molly Harish, RN	301-5588	<a href="mailto:Molly.harish@mainehealth.org">Molly.harish@mainehealth.org</a>
	Susan Maxwell, RN CDE	505-4369	<a href="mailto:Sue.maxwell@mainehealth.org">Sue.maxwell@mainehealth.org</a>
	Joanne Burns, RD	505-4369	<a href="mailto:Joanne.burns@mainehealth.org">Joanne.burns@mainehealth.org</a>
Phys. Adv.	Steven Wilson	505-4567	<a href="mailto:Steven.wilson@mainehealth.org">Steven.wilson@mainehealth.org</a>
119 Northport Ave., Belfast, ME 04915			

<b>MAINE MEDICAL PARTNERS, PORTLAND</b>			
<b>Pediatric Specialty Care, 887 Congress St, Portland 04102</b>			
Satellite site	Maine Medical Partners Pediatric Specialty Care, 46D First Park Drive, Oakland 04963		
Quality Coordinator	Maryann Kinney, BSN, CDCES	662-5522 x4	<a href="mailto:kinnem1@mmc.org">kinnem1@mmc.org</a>
Educators	887 Congress St. Portland, ME 04102		
	Elizabeth Blades RN CDCES	662-5522 x4	<a href="mailto:bladee@mmc.org">bladee@mmc.org</a>
	Jill Boyce RD CDCES	662-5522 x4	<a href="mailto:jboyce@mmc.org">jboyce@mmc.org</a>
	Maryann Kinney BSN CDCES	662-5522 x4	<a href="mailto:kinnemi@mmc.org">kinnemi@mmc.org</a>
	Katherine Mullin RD CDCES	662-5522 x4	<a href="mailto:mullik@mmc.org">mullik@mmc.org</a>
	Maryann Waterman FNP CDCES	662-5522 x4	<a href="mailto:waterma@mmc.org">waterma@mmc.org</a>
Phys. Adv.	Jenessa Feeney RN BSN CDCES	662-5522 x4	<a href="mailto:zamarm@mmc.org">zamarm@mmc.org</a>
	Jerrold Olshan MD	662-5522 x4	<a href="mailto:olshaj@mmc.org">olshaj@mmc.org</a>

<b>MILLINOCKET REGIONAL HOSPITAL, MILLINOCKET</b>			
Satellite site	None		
Quality Coordinator	Cheryl Carrell, RN	723-3393	<a href="mailto:ccarrell@mrhme.org">ccarrell@mrhme.org</a>
Educators	200 Somerset St. Millinocket, ME 04462		
	Cheryl Carrell RN	723-5161	<a href="mailto:ccarrell@mrhme.org">ccarrell@mrhme.org</a>
	Brian Hall RPh	723-5161	<a href="mailto:bhall@mrhme.org">bhall@mrhme.org</a>
	Mark Robinson RD	723-5161	<a href="mailto:mrobinson@mrhme.org">mrobinson@mrhme.org</a>
Phys. Adv.	Edward Dunstan DO	723-5173	<a href="mailto:edunstan@mrhme.org">edunstan@mrhme.org</a>

<b>MOUNT DESERT ISLAND HOSPITAL, BAR HARBOR</b>			
Satellite sites	Community Health Center, 16 Community Lane, Southwest Harbor, ME 04679 Trenton Health Center, 394 Bar Harbor Rd, Trenton, ME 04605		
Quality Coordinator	Sherri Hall RN, CDCES	801-5043	<a href="mailto:sherri.hall@mdihospital.org">sherri.hall@mdihospital.org</a>
Educators	10 Wayman Lane P.O. Box 8 Bar Harbor, ME 04609		
	Sherri Hall RN CDCES	801-5043	<a href="mailto:sherri.hall@mdihospital.org">sherri.hall@mdihospital.org</a>
	Marion McLellan RD LD	801-5001	<a href="mailto:Marion.McLellan@mdihospital.org">Marion.McLellan@mdihospital.org</a>
	Sherry Rogers RN BSN	288-5082 x 8234	<a href="mailto:Sherry.rogers@mdihospital.org">Sherry.rogers@mdihospital.org</a>
	Patty Zavaleta RN	801-5016	<a href="mailto:patricia.zavaleta@mdihospital.org">patricia.zavaleta@mdihospital.org</a>
Phys. Adv.	Dr. Julian Kuffler	288-5082 x 7802	<a href="mailto:jkuffler@mdihospital.org">jkuffler@mdihospital.org</a>

**NORTHERN LIGHT A. R. GOULD, PRESQUE ISLE****140 Academy St., Presque Isle 04769**

Satellite sites	Caribou Health Center, 118 Bennett Dr, S-130, Caribou 04736 Mars Hill Health Center, 106 Main St., Mars Hill 04758 Ft. Fairfield Health Center, 23 High St., Ft. Fairfield 04742 Presque Isle Family Practice, 23 North St., Presque Isle 04769		
Quality Coordinator	Jennifer Smith RN 23 High St. Fort Fairfield, ME 04742	768-4529	<a href="mailto:jdsmith@northernlight.org">jdsmith@northernlight.org</a>
Educators	Jennifer Smith RN Nicole Doughty RD LD Angel Hebert MS RD LD Benjamin Mayhew MS RD LD	768-4529 768-4358 768-4370 768-4642	<a href="mailto:jdsmith@northernlight.org">jdsmith@northernlight.org</a> <a href="mailto:ndoughty@northernlight.org">ndoughty@northernlight.org</a> <a href="mailto:ahebert2@northernlight.org">ahebert2@northernlight.org</a> <a href="mailto:bmayhew@northernlight.org">bmayhew@northernlight.org</a>
Phys. Adv.	Rashid Cheema MD	768-4753	<a href="mailto:rcheema@northernlight.org">rcheema@northernlight.org</a>

**NORTHERN LIGHT BLUE HILL HOSPITAL****57 Water Street, Blue Hill, ME 04614**

Satellite site	None		
Quality Coordinator	Angela Tobey BSN RN-BC	374-3496	<a href="mailto:atobey@emhs.org">atobey@emhs.org</a>
Educators	Angela Tobey BSN RN-BC	374-3443	<a href="mailto:atobey@emhs.org">atobey@emhs.org</a>
Phys. Adv.	Michael G Murnik MD	374-3010	<a href="mailto:michael.murnik@emhc.org">michael.murnik@emhc.org</a>

**NORTHERN LIGHT EASTERN MAINE MEDICAL CENTER, BANGOR**

Satellite site	None		
Quality Coordinator	Catherine (Rena) A. Gels-Birch RN CDCES 905 Union St. Suite 11 Bangor, ME 04401	973-7334	<a href="mailto:rgelsbirch@northernlight.org">rgelsbirch@northernlight.org</a>
Educators	Catherine A. Gels-Birch RN CDCES Lauri Jacobs RD CDCES Mikiko Marzilli RD CDCES	973-7334 973-7334 973-7334	<a href="mailto:rgelsbirch@northernlight.org">rgelsbirch@northernlight.org</a> <a href="mailto:ljacobs@northernlight.org">ljacobs@northernlight.org</a> <a href="mailto:mmarzilli@northernlight.org">mmarzilli@northernlight.org</a>
Phys. Adv.	Dr. K Sadurska MD	973-7334	<a href="mailto:ksadurska@northernlight.org">ksadurska@northernlight.org</a>

**NORTHERN LIGHT MAINE COAST HOSPITAL, ELLSWORTH**

Satellite site	None		
Quality Coordinator	Amy Henderson MS RD LD 50 Union St. Ellsworth, ME 04605	664-5475	<a href="mailto:ahenderson@northernlight.org">ahenderson@northernlight.org</a>
Educators	Donna Coleman RN CDCES Cece Ohmart RD LD CDCES	664-5475 664-5475	<a href="mailto:dcoleman@northernlight.org">dcoleman@northernlight.org</a> <a href="mailto:cohmart@northernlight.org">cohmart@northernlight.org</a>
Phys. Adv.	Kathryn Rensenbrink MD 32 Resor Way, Ellsworth	664-7780	<a href="mailto:kensenbrink@northernlight.org">kensenbrink@northernlight.org</a>

<b>NORTHERN LIGHT MERCY HOSPITAL, PORTLAND</b>			
<b>The Mattina R. Proctor Diabetes Center</b>			
Satellite sites	Mercy Primary Care South, 778 Main St. Suite 1, South Portland 04106 Gorham Crossing Primary Care, 19 S. Gorham Crossing, Gorham 04038 Portland Internal Medicine, 43 Baxter Boulevard, Portland 04101 West Falmouth Primary Care, 75 Gray Road, Falmouth 04105 Windham Family Practice, 409 rosevelt Trail, Windham 04062 Yarmouth Primary Care, 385 Route One, Yarmouth 04096		
Quality Coordinator	Hillary Legere RD LD CDCES 195 Fore River Pkwy, Suite 300 Portland, ME 04102	400-8500	<a href="mailto:hlegere@northernlight.org">hlegere@northernlight.org</a>
Educators	Kate Gosselin RD LD CDCES Hillary Legere RD LD CDCES	400-8500 400-8500	<a href="mailto:kgosselin@northernlight.org">kgosselin@northernlight.org</a> <a href="mailto:hlegere@northernlight.org">hlegere@northernlight.org</a>
Phys. Adv.	Wesley Fairfield, MD	400-8500	<a href="mailto:wfairfield@northernlight.org">wfairfield@northernlight.org</a>

<b>NORTHERN MAINE MEDICAL CENTER, FORT KENT</b>			
Satellite sites	Acadia Health Center, 40 Main St, Madawaska 04756 Medical Office Building, 197 East Main St, Fort Kent 04743 Fort Kent Family Practice, 194 East Main St, Fort Kent 04743		
Quality Coordinator	Stacy Raymond, RN 194 East Main St. Fort Kent, ME 04743	834-1946	<a href="mailto:stacy.raymond@nmmc.org">stacy.raymond@nmmc.org</a>
Educators	Anna Cannan RD Stacy Raymond RN Linda Russell RN	834-1569 834-1946 834-1964	<a href="mailto:anna.cannan@nmmc.org">anna.cannan@nmmc.org</a> <a href="mailto:stacy.raymond@nmmc.org">stacy.raymond@nmmc.org</a> <a href="mailto:linda.russell@nmmc.org">linda.russell@nmmc.org</a>
Phys. Adv.	Paul Pelletier	444-5973	<a href="mailto:ppelletier@frrh.org">ppelletier@frrh.org</a>

<b>REDINGTON-FAIRVIEW GENERAL HOSPITAL, SKOWHEGAN</b>			
Satellite site	None		
Quality Coordinator	Nancy Thomas RN BSN CDCES 46 Fairview Ave. P O Box 468 Skowhegan, ME 04976	858-2261	<a href="mailto:nthomas@rfgh.net">nthomas@rfgh.net</a>
Educators	Haylie Kennedy RN CDCES Patricia Sprengel RD LD Laurie Sweet RD LD Nancy Thomas RN CDCES	858-2247 858-2243 858-2257 858-2261	<a href="mailto:hkennedy@rfgh.net">hkennedy@rfgh.net</a> <a href="mailto:psprengel@rfgh.net">psprengel@rfgh.net</a> <a href="mailto:lsweet@rfgh.net">lsweet@rfgh.net</a> <a href="mailto:nthomas@rfgh.net">nthomas@rfgh.net</a>
Phys. Adv.	Celeste Quianzon MD RFGH Redington Endocrinology	858-8216	<a href="mailto:cquianzon@rfgh.net">cquianzon@rfgh.net</a>

<b>STEPHENS MEMORIAL HOSPITAL, NORWAY</b>			
Satellite site	None		
Quality Coordinator	Karen Swan RN CDCES 181 Main St. Norway, ME 04268	744-6057	<a href="mailto:karen.swan@mainehealth.org">karen.swan@mainehealth.org</a>
Educators	Karen Swan RN CDCES	744-6057	<a href="mailto:karen.swan@mainehealth.org">karen.swan@mainehealth.org</a>
Phys. Adv.	Booth R. Dargis, MD	744-5598	<a href="mailto:booth.dargis@mainehealth.org">booth.dargis@mainehealth.org</a>

**DHHS Non-Discrimination Notice**

The Department of Health and Human Services (DHHS) does not discriminate on the basis of disability, race, color, creed, gender, sexual orientation, age, or national origin, in admission to, access to, or operations of its programs, services, or activities, or its hiring or employment practices. This notice is provided as required by Title II of the Americans with Disabilities Act of 1990 and in accordance with the Civil Rights Act of 1964 as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, Title IX of the Education Amendments of 1972 and the Maine Human Rights Act and Executive Order Regarding State of Maine Contracts for Services. Questions, concerns, complaints or requests for additional information regarding the ADA may be forwarded to DHHS' ADA Compliance/EEO Coordinators, 11 State House Station – 221 State Street, Augusta, Maine 04333, 207-287-4289 (V), 207-287-3488 (V), TTY users call Maine relay 711. Individuals who need auxiliary aids for effective communication in program and services of DHHS are invited to make their needs and preferences known to the ADA Compliance/EEO Coordinators. This notice is available in alternate formats, upon request.